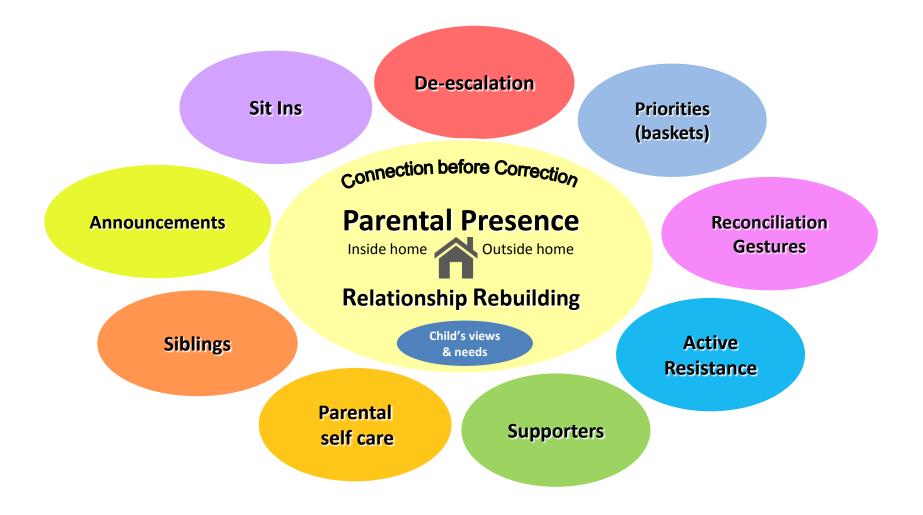
## NVR Map - Overview



# NVR Map (detail)

Sit-in's promote calm conversations about the behaviours that need to change. It is often a back up to the announcement. Taking a calm approach. Not reacting in the heat of the moment. Using the NVR mantra: Strike when the iron is cold

**Parental Presence** 

The influence of the parent on their child, in the home and outside, which determines family values and acceptable standards of behaviour.

#### **Relationship Rebuilding**

The NVR tools that help to rebuild the relationship with the child and other family members.

### The child's view and needs

Keeping in mind the child underneath all of the problematic issues.

Valuing yourself and the importance of your parental role. Finding ways to look after yourself. Continuing to use NVR ideas.

Some supporters offer practical support, others emotional support.; Sometimes they help to 'break the silence' of embarrassment.

Identifying 1 or 2 behaviours to focus on. These are prioritised using large, medium & small baskets. Also discovering the rainbow basket.

> Connection before correction: Small acts of kindness; connecting comments; Reflective listening; Quality time.

Calm rehearsed actions that resist unacceptable behaviour including Resisting comments, actions & 'parental disobedience'

A private written statement to yourself, followed by a carefully planned statement to the child / young person that addresses issues in the 'small basket'.

> Valuing siblings experience. Helping siblings to understand NVR and to stay calm and adopt a stance of non-retaliation.

> > www.oxleas.nhs.uk/nvr (Apr 2019).

# The NVR Pillars of Strength

