NVR Map - Overview

Connection before Correction

Parental Presence
Inside home  Outside home

Relationship Rebuilding

Child’s views & needs

De-escalation

Priorities (baskets)

Reconciliation Gestures

Active Resistance

Supporters

Parental self care

Siblings

Announcements

Sit Ins

www.oxleas.nhs.uk/nvr  NVR map © Oxleas NHS Foundation Trust (April 2019)
Taking a calm approach. Not reacting in the heat of the moment. Using the NVR mantra: **Strike when the iron is cold**

**Parental Presence**

The influence of the parent on their child, in the home and outside, which determines family values and acceptable standards of behaviour.

**Relationship Rebuilding**

The NVR tools that help to rebuild the relationship with the child and other family members.

**The child's view and needs**

Keeping in mind the child underneath all of the problematic issues.

**Sit-in's** promote calm conversations about the behaviours that need to change. It is often a back up to the announcement.

Identifying 1 or 2 behaviours to focus on. These are prioritised using large, medium & small baskets. Also discovering the *rainbow* basket.

A private written statement to yourself, followed by a carefully planned statement to the child / young person that addresses issues in the 'small basket'.

Connection before correction:
- Small acts of kindness;
- Connecting comments;
- Reflective listening;
- Quality time.

Valuing siblings experience. Helping siblings to understand NVR and to stay calm and adopt a stance of non-retaliation.

Valuing yourself and the importance of your parental role. Finding ways to look after yourself. Continuing to use NVR ideas.

Some supporters offer practical support, others emotional support; Sometimes they help to 'break the silence' of embarrassment.

Calm rehearsed actions that resist unacceptable behaviour including Resisting comments, actions & 'parental disobedience'.

The NVR *Pillars of Strength*

**Connection before Correction**

- **Parental Presence**
  - Rebuilding relationships
  - *child / young person*
  - *siblings*

- **De-escalation**
- **Baskets**
- **Reconciliation Gestures**
- **Active Resistance**
- **Supporters & Self Care**
- **Announcements**
- **Sit-ins**