**Kooth online support for Students**

Here at Goldwyn School we are committed to supporting the wellbeing of all are students. We are therefore delighted to inform you about a service to support the wellbeing and resilience of our students that is now available.

Kooth provides a safe, secure means of accessing help via the internet. By accessing Kooth students can benefit from:

* **A free, confidential, anonymous and safe** way to receive support online.
* **Out of hours’ availability.** Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop in basis.
* **Online Counselling** from a professional team of BACP qualified counsellors is available via 1-1 chat sessions or messaging on a drop in basis or via booked sessions.
* **Discussion Boards** which are all pre-moderated allow young people to access peer to peer support.
* **Online Magazine** full of moderated articles many of which are submitted by young people offering advice and guidance on a huge range of topics.
* **No referral** is required. Young people can register for kooth independently at www.kooth.com

To use the service or find out more visit [www.Kooth.com](http://www.Kooth.com)

You can also view a short video about the service by following this link: [Kooth Video](https://vimeo.com/318731977/a9f32c87de%22%20%5Ct%20%22_blank)