



Includes Us 2 My Time Groups

For parents & carers of children with a disability or SEN living in Ashford, Shepway & Dover

Due to the current need for increased social distancing measures, we will be offering a combination of zoom and face to face meetings. Our “My Time” Groups provide a relaxed and informal space for parents & carers of children with a disability or a special educational need to get together and access information and support. Speakers are regularly invited to these sessions to provide information and advice about specialist services.

Meeting Dates September-December

10am-12pm

September meetings

Thursday 2nd September - zoom

Tuesday 7th September—Dover— The Smile centre

Wednesday 15th September— Zoom

October Meetings

Thursday 7th October –Zoom

Tuesday 12th October— Folkestone -Venue TBC

Wednesday 20th October— Zoom

November Meetings

Thursday 4th— zoom

Tuesday 9th—Ashford— Rainbow centre

Wednesday 17th— Zoom

December

Thursday 2nd— Zoom

Tuesday 7th—Dover— The Smile Centre

Wednesday 15th—Zoom

To log into the Zoom meetings, please use the following Zoom access code;

Meeting ID: 965 565 7908

Passcode: 8KxrrE

Meetings will be facilitated by Nicola , our Family Support Officer.