Includes Us 2 “My Time” Groups

Ashford, Shepway & Dover September - December 2019

Includes Us 2 “My Time” support groups provide a relaxed and informal space for parents/carers of children with a disability or a special educational need to meet up.

Groups are facilitated by our Family Support Officer who can provide information, support and signposting. Guest speakers are regularly invited to attend to provide specialist advice and information.

Further information and updates can be found on our Facebook page.

My Time Meeting Dates*

*Dover - The Smile Centre, Mayfield Road, Whitfield, Dover, Kent CT16 3LJ

Thursday 12th September 9.30am - 11.30am
Thursday 10th October 9.30am - 11.30am
Thursday 14th November 9.30am - 11.30am
Thursday 12th December 9.30am - 11.30am

*Shepway - The Village Children’s Centre, Denmark St, Folkestone, CT19 6EQ

Wednesday 18th September 9.30-11.30am
Wednesday 16th October 9.30-11.30am
Wednesday 20th November 9.30-11.30am
Wednesday 18th December 9.30-11.30am

*Ashford - Rainbow Centre, Great Chart Bypass, Ashford, Kent TN23 4ER

In partnership with Disabled children’s services

Tuesday 3rd September 9.30 - 11.30am
Tuesday 1st October 9.30 - 11.30am
Tuesday 5th November 9.30 - 11.30am
Tuesday 3rd December 9.30 - 11.30am

Meetings will be facilitated by Nicola, our Family Support Officer.

One to one appointments can be provided at designated times. For further information please call Nicola on 07525 589321 (Tuesday-Thursday) or email familysupport@includesus2.org.uk