



# Ashford Youth Centre

Ashford Youth Centre  
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# Ashford Youth Centre

*A wide range of activities  
and information for young people!*

*(See reverse for timetable)*

For careers and employment advice drop in to

CXK : 9.00am - 4.00pm Mon, Tues, Wed & Fri

KT&A : 9.00am - 3.00pm Mon, Tues & Fri

Find us on Facebook: [https://www.facebook.com/  
Ashford-North-Youth-Centre-1496819913923440/](https://www.facebook.com/Ashford-North-Youth-Centre-1496819913923440/)

Instagram: @ashfordhub

**All sessions are for ages 11-19 years, unless stated otherwise**

<b>Monday</b>	Detached	4.00pm - 6.00pm <b>Weekly</b>	Meeting young people on local streets where they are gathering.
	Careers and Training Information and Advice	3.30pm - 5.30pm <b>Weekly</b>	Drop in for any young people aiming to enrol in Education or Training. If you require support to understand employment opportunities, advice and guidance is available.
	Access Club	6.00pm - 8.00pm <b>Weekly</b>	An evening for young people with additional needs and their friends 11- 25 years. Includes : sports, arts, music, personal development, social activity and fun.
<b>Tuesday</b>	Adolescent Group	6.00pm - 8.00pm <b>Weekly</b>	Come along and enjoy activities and social experiences including sports and arts. Information, advice and computer access. Friendly staff to talk with and peer support.
<b>Wednesday</b>	Boys Group	6.00pm - 8.00pm <b>Weekly</b>	Fun focussed activities for boys All welcome to attend, offering support and emotional well-being. Activities including cooking, music, arts and sport.
	Detached	4pm - 6.00pm <b>Weekly</b>	Meeting young people on local streets where they are gathering.
<b>Thursday</b>	Be You	4.00pm - 6.00pm <b>Weekly</b>	Informational group on LGBT+ young people in Kent for advice and one to one mentoring and support.
	Girls Group	6.00pm - 8.00pm <b>Weekly</b>	Fun focussed activities for girls. All welcome to attend. A great place to build peer support and resilience.
	Duke of Edinburgh	3.30pm - 5.30pm <b>1st Thursday of the month</b>	Join the Duke of Edinburgh team to gain your bronze or silver award. From age 14 years.
	Wellbeing Group	3.30pm - 5.30pm <b>Weekly Excluding the 1st Thursday of the month</b>	A group for young people to talk, build self-esteem and confidence. Ideal for those with social anxiety.
<b>Friday</b>	Wellbeing Group	3.30pm - 5.00pm <b>Weekly Excluding the 1st Friday of the month</b>	A group for young people to talk, build self-esteem and confidence. Ideal for those with social anxiety.
	Community Café	3.30pm - 5.00pm <b>1st Friday of the month</b>	Volunteering or work experience opportunities at the community café.
	Junior Youthy	6.00pm - 8.00pm <b>Weekly</b>	Social activities for school years 5 to 8, supporting transition, confidence and health. Activities include sports, arts, cooking and team building.